



2024 Coaches Handbook

OMGS Info Line: **801-810-5569**

OMGS MISSION STATEMENT

To provide a quality recreational softball program by teaching the fundamentals of softball in a safe and enjoyable atmosphere. To provide opportunities to improve softball skills and learn the value of good sportsmanship while enhancing self-esteem.



Welcome to the 2024 Season of Oquirrh Mountain Girls Softball Association! IMPORTANT DATES (subject to changes):

Jan	7 (Sat)	2024 Online Registration Begins – Register at www.omgsoftball.org
Feb	17 (Fri)	Registration DEADLINE - A late fee of \$15/girl will be assessed after February 19. (High School deadline Friday, March 1, 2024 with <u>PRIOR</u> notification to OMGS) Coaches selected and notified by Friday, Feb. 25
Feb	24 (Sat)	<u>8U, 10U, 12U DRAFT</u> - Mandatory skill assessment sessions for ALL girls and selected coaches . Group times 9 am and 12 pm (coaches arrive 30 min early) - Centennial Park (indoor location TBD if inclement weather) <i>Equipment Bag Check Out at Fields directly after the draft.</i>
March	2 (Sat)	<u>14U & 18U DRAFT</u> - Mandatory skill assessment sessions for ALL girls and selected coaches . Group time 9 am coaches arrive 30 min early) - Centennial Park (indoor location TBD if inclement weather) <i>Equipment Bag Check Out at Fields directly after the draft.</i>
	4 (Mon)	<u>Coaches Meeting</u> – 6:30 pm – 8:00 pm – <i>Mandatory meeting for all coaches and assistant coaches.</i> <u>OMGS Coaches Clinic</u> – <i>FREE GIFTS for Head Coaches and RAFFLES for Everyone!</i> Mandatory clinic for all coaches & assistant coaches. OMGS parents are also invited to attend. <u>Annual Meeting</u> – Members of the 2024 Season Board will stand for election. The members of the Board of Directors wishing to continue to serve, plus any additional nominations at large, shall be considered by the membership. Each nominee must express a willingness and ability to serve in writing three (3) days prior to this meeting. All Board Members must submit to a thorough background check. Proxies shall not be allowed. <i>NO CHILDREN!!! DONUTS AND DRINKS provided</i> Location: CR Hamilton
	Weeks of March 11th and March 18th	OMGS Pitching Clinics @ D-Bat Herriman – FREE! Bring your own catcher, parents preferred. Each pitcher should attend Contact Kathy Wilfert to register-kathy@omgsoftball.org. Players must pre-register to attend. Please only attend the session that was registered for.
	11 (Mon)	Team Parent Meeting at 6:30 pm – 8:00 pm <i>Mandatory that at least one representative from each team be present. Uniforms Distributed, Scorekeeping, Clinics, etc. (NO CHILDREN - NO FOOD OR DRINK)</i> <i>Highly recommended for scorekeeping training!!!</i> Location: CR Hamilton
	30 (Sat)	Centennial Park Clean-up Day – 9am-12pm Address: 13000 South 2700 West, Riverton, UT 84065
April	1 (Mon)	OMGS Season Begins
	5 (Fri)	OMGS Player Skills Clinic (Bingham High School Players) – More info to come
	20 (Sat)	All-Star Coach Requests Due – turn in at Snack Shack or to any Board Member
	24 (Wed)	All-Star Coaches to be selected and contacted

	27 (Sat)	All-Star Player Nominations Due
	TBD	Team & Individual Pictures/Land O' Frost Photos- ALL Star Photography
May	4 (Sat)	All-Star Try-Outs – Rain or Shine at Centennial Park 12U / 14U / 18U – 9am-12pm and 8U / 10U – 12:30pm-3:30pm
	24-27 (F-M)	Memorial Weekend Holiday – No Games
June	TBA	OMGS Age Group Tournaments & Closing Ceremonies (18U is May before graduation)
	8 (Sat)	OMGS Season Ends (18U ends before graduation)
July	18-20 (Thu-Sat)	OMGS All-Star Invitational Tournament

Thank You for Volunteering to Coach!

The OMGS Board of Directors would like to thank you for volunteering to coach this year. Please keep this handbook with you for your team's emergency release forms and OMGS rules and information that you will need throughout the season. The Board of Directors will be represented at the fields at all OMGS games and events. They will be wearing a jacket or shirt for easy identification. The Board of Directors is also available to help you with any questions, please don't hesitate to ask!

Information VoiceMail: 801-810-5569

35 calls will fill up the voicemail and will ring busy for any other callers even if no messages are left. If this happens, others will not be able to receive needed information. PLEASE designate **one** person from your team to call for daily field conditions (Rain Outs) after 4:30pm. This line is also used for upcoming and updated information for OMGS.

www.omgsoftball.org

Schedules, make-up game schedules, league records, rain out information, clinic registration forms, OMGS finances, and 2024 League Sponsors will be posted on the website. Please refer to the website for the most current and updated information. Please visit the website and click on the Land O' Frost youth sports link and sign up for valuable coupons. **High parent participation will allow OMGS to earn more league sponsorship money in future years.**

Social Media

Check Facebook and/or Twitter for the latest information

Facebook @omgsleague

Twitter @omgsleague

Internal Mail Box System

When you're at the field for games, remember to check your "mail box" (located upstairs above the snack shack). This will be used for upcoming events, special notices and most communication between the Board of Directors and Coaches. If you have a question, problem or can't find a specific coach or member of the Board, leave a note in their box. You can also turn in Clinic Registration and All-Star Nominations to a specific board member's box.

CONCUSSION CONCERNS

Concussions are becoming more prevalent in all sports. You, as a coach, need to make yourself aware of what a concussion is, what the symptoms are, how to prevent them and what to do if you suspect a player may have a concussion. All players must have a signed concussion form with their player registration to be eligible to play in any game.

PLAYER ELIGIBILITY

NO accelerated team member who is registered or listed on an accelerated roster or team during the same season as OMGS (regular and/or All-Stars) will be allowed to play on any OMGS team, per bylaws Article XI, Registration, #5. This applies to all players and teams who are registered through USA Softball of Utah (formerly ASA) and USSSA. Please contact a board member if clarification or further details are needed.

PRACTICES / SCHEDULES / GAMES

The 2024 OMGS Season lasts ten weeks and is scheduled to begin **Monday, April 1**, and end **Saturday, June 8**. Regular season games are to be scheduled, Monday thru Saturday. The 2024 OMGS All-Star season will run from June – August.

It is up to you as a coach to contact your team and schedule practices. Practice sessions may begin immediately (after equipment is checked out) and teams have been assigned. **OMGS expects coaches to schedule three practices a week** (Monday through Saturday constitutes a week) **prior to regular season games and at least one practice each week thereafter, unless the team has three scheduled games in the week.** Coaches are not allowed to practice at a private residence or any church fields, however, coaches must find their own field (check with local school principals – a fee may need to be paid) and set the time for practices. Any field that you practice on in the City of Riverton must be a softball field or have a backstop. Riverton City is trying to eliminate too many different sports from practicing in the same area. **If you are practicing at the Tuscany Field in Herriman or Western Springs in Riverton, you must have a permit form.** Please see Kaye Craghead, OMGS President, for permit forms.

FIELD CONDITIONS AND RAIN OUTS: If there is inclement weather, game cancellations will be recorded on the **Info Line: 801-810-5569**, posted on the website: www.omgsoftball.org and an email will also be sent out to all of the OMGS coaches and the OMGS email list as soon as possible. It is each team's responsibility to check this line after 4:30 pm on weekdays and before your games on Saturdays. If games are rescheduled, the make-up game day and time will be included in the email and listed on the website only. Please assume there is a game if there isn't anything posted or you don't receive an email. If at any time you feel that your team is playing in unsafe weather or field conditions, please report it to the Board member on duty.

HOME TEAM: Home teams will be responsible to keep the official score through the GameChanger app. Official scorekeepers must sit as close to the umpire as possible and identify themselves. The official scores will be made available to any of the Board of Directors and All-Star coaches through the app. Visiting teams **MUST** also keep score through the GameChanger app in case questions arise. However, it will be up to the umpire(s) to make the final call. **PLEASE CLEAN UP AROUND YOUR DUGOUT AND BLEACHERS. HAVE PARENTS AND KIDS HELP KEEP THE PARK CLEAN!** If we don't keep the park clean, we may lose the privilege of using these fields. If everyone cleans up after himself or herself, it will make the job a lot easier. Please help OMGS keep our fields clean.

VISITING TEAM: Visiting teams are **required** to keep score through the GameChanger app in addition to the official home team scorekeeper. **PLEASE CLEAN UP AROUND YOUR DUGOUT AND BLEACHERS. HAVE PARENTS AND KIDS HELP KEEP THE PARK CLEAN!** If we don't keep the park clean, we may lose the privilege of using these fields. If everyone cleans up after himself or herself, it will make the job a lot easier. Please help OMGS keep our fields clean.

MAKE-UP AND INCOMPLETE GAMES: Games that have started and have to be called because of inclement weather or darkness will not be replayed but will be completed at a later date. **EXCEPTION:** If 75% of the game time has elapsed and the inning is complete, or the home team is ahead and up to bat, the game will become a complete game. If the visiting team is up to bat or the home team is up to bat but not ahead, when the game is called, the score will revert to the last full complete inning. Make-up games or game completions will be scheduled as soon as possible and could be scheduled on Friday and Saturdays. If games are rescheduled, the make-up game day and time will be emailed to coaches and listed on the website only. Contact your Age Group Director with any questions.

It is quite possible to have more make-up games than days available to make them up. If this should happen, please expect to play a double header, play at a different location, or to not have the game made up at all.

TIE GAMES: Games that are tied when time has expired and the inning has been completed will remain a tie. Each team will be given 1/2 game in the standings. **EXCEPTION:** A coin toss may be used to determine a winner in games where the score is tied and there is no time to complete the game, such as a year-end tournament game, including the championship or IF game.

YEAR-END TOURNAMENT: A double elimination year-end tournament will be held for each age group (except T-Ball). Teams will be seeded based on their final regular season standings.

SCOREKEEPING / SCOREBOARDS

Both teams must use the GameChanger app for scorekeeping each game. Home team will still be the official score, but both teams are **required** to have someone keep scores. Each team is responsible for having their roster and lineup entered in GameChanger **at least 10 minutes before the game.** One of the Admin spots on your team in GameChanger must be OMGS. The OMGS email is scores@omgsoftball.org. This will go directly to the appropriate board member so they can update team stats. If you or the parent scorekeeper is unfamiliar with using GameChanger, here is a great tutorial:

https://www.youtube.com/watch?v=Qo1JMRTjY_o

UNIFORMS

The league provides a uniform shirt and socks. There will be NO altering of league uniforms in any way. If your whole team wants to do something special with the uniform shirts, prior approval must be given by the OMGS league president. Kaye Craghead.

TEAM TREATS

In an effort to keep increasing costs and registration fees down there will NOT be treat bags included as part of player registration fees. Instead parents should take turns bringing post game treats or purchasing treat bags from the snack shack.

SNACK SHACK

OMGS will hire an individual or individuals to run and be responsible for the snack shack during the 2024 season. There will also be a minimum of one Board Member present each day/night. Each team will be responsible to provide **ONE (1) volunteer** to work the BBQ for your team's scheduled time(s). Volunteers must be at least 18 years of age. Your scheduled time(s) will be listed on your regular season schedule for your age group. The snack shack schedule will not conflict with your regularly scheduled games and Saturday's schedules will be split between multiple teams. If you fail to provide a volunteer for your scheduled time(s) your team will **forfeit one game**. Any questions or concerns with your teams schedule please contact

Kathy Wilfert at Kathy@omgsoftball.org or Alyssa Holt at Alyssa@omgsoftball.org

COACHES APPLICATIONS AND REQUIREMENTS

COACHING APPLICATIONS: Head coaches, assistant coaches, and any volunteers that you have helping you on the field during games must fill out a coaching application (online). We need to have all applications on file before your first game begins and **no one will be allowed on the field without the application.**

By completing the coach's application online, you agreed to the following: You will exemplify good SPORTSMANSHIP by yourself and your team and will follow all rules of D1 Prospects (D1 Prospects/NFHS Rules) and OMGS. You will be a good role model when representing OMGS on and off the field. You will treat all players and parents on any team fairly and with respect and support. You have been informed how OMGS will select all-star coaches and players and agree to adhere to that selection process. You understand that the OMGS Board has the right to terminate you as a coach for failing to do any of the above. You will stand by all decisions made by the OMGS Board of Directors before and during league and all-star tournament play. Coaches will not be allowed to attend practices, games or other team activities under the influence of alcohol

and/or drugs. Coaches will not consume alcohol and/or drugs during practices, practice games, games, or any other team activity. Coaches will not be allowed to smoke in the dugout or on the field at practices and during games.

BACKGROUND CHECK RELEASE FORMS AND IDENTIFICATION BADGES: The head coach and one (1) assistant coach must fill out a background check release form (online). OMGS is paying for two (2) coaches' background checks with identification badges per team (3 coach badges for 8U teams). OMGS requires that at least one of these two coaches is present at all practices and games. If two background checks are not enough (or three for 8U teams), your team must pay for the additional background check(s) at a cost of \$10.00 each.

Coaches and the OMGS Board of Directors are required to wear their identification badges during all practices and games and when they are representing OMGS. These badges are to provide a "safe" adult for the OMGS players and siblings to go to for help. Please talk to the parents and players on your team and make sure that they know what to look for. Volunteers on the field without ID badges will need to sign one out of the snack shack, wear it while on the field, and return it at the end of the game.

ALL COACHES MUST WEAR THEIR ID BADGE AT ALL TIMES. Umpires will be checking for visible coach badges at the pre-game meeting prior to each game.

All Coaches will also be required to complete Child Safety Training online class before you can coach. Kaye will be sending you the link to complete this online as soon as all coaches and assistant coaches are registered at OMGSOFTBALL.ORG. It is free through D1 Prospects.

OMGS shall have the authority to deny any applicant, coach, or program administrator the privilege of participating in any matter of the softball program for risk management concerns as established from time to time by the OMGS Board of Directors. Background checks are conducted through D1 Prospects. All information requested on the Consent/Release Form is for exclusive internal use of D1 Prospects only and will be used solely as identifiers for conducting a criminal background screening.

All individuals who are denied participation for any reason shall be given due process and have the opportunity to present their case before the OMGS Board of Directors for a final decision. OMGS has adopted the following criteria for denial or expulsion from participating in the program:

1. Any conviction for a crime of violence.
2. Any conviction of child abuse or sexual misconduct causing registration on any sexual offenders list (SOR).
3. Admitted use of, or a conviction for the use of, or distribution of, any illegal drug or substance.
4. Admitted excessive use of, or documented history of, alcohol abuse (DUI's, etc.)
5. Intentionally falsifying information on the Consent/Release Form.
6. Refusal to submit a Consent/Release Form or fingerprints as required.

For questions, please contact D1 Prospects.

ADDITIONAL REQUIREMENTS: OMGS requires that an adult female, 21 years old or older, whether she's a coach, team mom, or parent, be present at all practices and games. Also, we encourage all coaches NOT to take any player to or from a practice or game. Coaches are responsible to teach girls the basic softball skills of throwing correctly, hitting, base running, fielding, catching, and defensive positioning. More advanced skills may be taught if desired. If the coach does not know how to teach these skills, seek help from the Board. OMGS is providing a coach's clinic on March 4, 2024, which all OMGS head & assistant coaches are required to attend. The Board also strongly suggests that coaches take advantage of the internet, information posted on the OMGS website, and coaching clinics held around the valley.

2024 Coach Team Selection/Schedule

OMG Softball 2024 Coach Team Selection Outline

OMG Softball will be conducting a coach team selection for the 2024 spring season. The following outlines the rules and regulations of the team selection.

1) Coach picks will still be allowed for the 2024 spring season. A coach will be allowed to freeze up to (4) four picks for all age divisions except 18u. 18u will still be allowed to freeze up to (6) six picks. These coach picks can not consist of more than (2) pitchers and (1) catcher. If coaching a relative (i.e., daughter, niece, granddaughter, etc.) this girl must be included in the coach picks.

- a) Coach picks will take the place of your first-round picks, totaling the number of athletes frozen. For example; if you freeze two athletes then you will not get selected during the team selection until the third round. If you freeze four girls then you will not get to select during the team selection until the fifth round.
- b) If the athlete has been selected as a coach pick by multiple teams then the parent will be contacted for the final decision. The parent has the option to select which team to play on as long as this choice does not put that team above the allowed amount of coach picks, allowed number of pitchers, or the allowed number of catchers. The parent also has the option to have the athlete enter the team selection process and proceeds with the skills assessment day.
- c) Coach picks do not attend the skills assessment day for the team placement evaluation. We ask that these players do not attend to keep the flow of this day moving in a timely direction.

2) Skills assessment evaluation day will be held on February 24th for the 8u, 10u, and 12u divisions. The skills assessment evaluation day will be held on March 2nd for the 14u and 18u divisions. Both evaluations will be held at the OMG softball fields.

- a) Skills assessment evaluation day will be broken into multiple sessions for each age group to keep the process moving in a timely manner. There will be a check-in followed by a brief warm up period for the athletes. Following the warm up each group will field fly balls, ground balls, and a set number of pitches to hit.
- b) The skills evaluation day will be overseen by board members to stay on time. Any coach wanting to participate or assist in the drills will be allowed but is not mandatory. Drills will not be run simultaneously so that a coach can accurately evaluate each drill.
- c) Each athlete during the evaluation day will be assigned a predetermined number that they will wear for the drills assessment. Each coach will in turn receive a correlating list from the league that has the athletes name and assessment number.

3) Friend picks are still allowed for athletes as long as they are within the regulations of the league. If a pair of friend requests are signed up together, they will have the same number for the assessment evaluation and marked on the sheet provided in a way that a coach can recognize them as a pair.

- a) During the team selection process if a friend request athlete is selected the coach will forfeit their ensuing pick in the process. For example, if a friend request athlete is selected for the seventh pick by a coach, they will also be selecting the friend athlete on their team and not receive their eighth pick.

4) Due to the high demand and need for pitchers and catchers, they will be limited to a set number for each team. Coach picks will be limited to (2) two pitchers and (1) catcher.

- a) Pitchers and catchers will have a separate assessment thirty minutes prior to the group assessment. This will allow the coaches to evaluate those available in the team selection process.
- b) Coaches who do not have a pitcher or a catcher as a coach pick will select during the team selection process from the pool of these position players. They will utilize their first available picks for this process during their selected turn and this will take the place of that pick during that round. For example, if a coach does not have a pitcher as a coach pick and their first pick available is during the third round. They will then be required to select a pitcher from the pool of position players when it is their turn during the team selection process. This is to disperse the necessary position players as evenly as possible. Once a team has at a minimum (1) one pitcher and (1) catcher on their team then they will be able to pick from the whole pool of athletes available.

5) The team selection order will be drawn randomly out of a hat immediately following the skills assessment. A board member will oversee the process and ensure that the correct order is followed and no athlete is placed on two teams.

- a) Once the order of the team selection is determined the process will continue in a snake style order. For example, the coaches will pick in order from lowest to highest the first round and then proceed backwards from highest to lowest the following round. (1 to 12 round one, 12 to 1 round two, 1 to 12 round three, etc.) If a coach is not allowed a pick for the current round due to a coach pick or a friend request pick then they are skipped for that round and will resume their place in the order the following round.
- b) During this process a coach is only allowed to select from the pool of athletes that participated in the skills assessment evaluation. The team selection process will continue in this manner until all athletes have been selected from the participating athletes from the skills assessment.
- c) Teams will then proceed to be filled from the athletes that were unable to attend the evaluation in the same order by random selection from a hat. The remaining athletes will have their names put in a hat and drawn at random until all the teams have been filled. Any girl unable to attend the evaluation will not be allowed to be selected by name during the team selection process.

d) If a friend request occurs and only one athlete in the pair is able to attend the skills assessment then the pair will both be put in the random drawing from a hat. When selected at random they will still occupy the next two available slots for the team, but this will not allow a girl to get selected without attending the evaluation.

CLINICS

OMGS is providing one (1) FREE COACHES ALL SKILLS CLINIC, several FREE PRE-SEASON PITCHING CLINICS and one (1) PLAYERS ALL SKILLS CLINIC. Because of the cost involved to offer these, we are requiring you as a Coach and Assistant Coach to attend the Coaching Clinic as well as volunteer to help in the Pitching and Player's Clinics. Please make a point to ask each and every player on your team if they want to sign up for any of the Pitching or Player's Clinics.

OMGS Coaches Meeting and Clinic

This clinic is mandatory for all Coaches and Assistant Coaches.

FREE GIFTS for each Head Coach who attends!

PRIZES, equipment, will be raffled off throughout the meeting.

Date: **Saturday, March 4, 2024**

Time: **6:30 pm - 8:00 pm**

Place: **CR Hamilton**

3700 W. 13800 S.

Cost: **FREE for 2024 OMGS Coaches & Assistant Coaches**

NO CHILDREN PLEASE! DONUTS & DRINKS PROVIDED!

OMGS Pre-Season Pitching Clinics

OMGS has set up Pitching Clinics for 2024 OMGS League Players only. Coaches are allowed to sign up players from his/her team for two free lessons. Players must bring their own catcher (an adult in attendance is also preferred).

Experienced pitchers will be running the pitching clinics.

Dates: **Weeks of March 11th and 18th**

Place: **D-Bat Herriman, 15856 S Porter Point Cove**

Each pitcher can attend **TWO** sessions. The second session will build upon the skills taught at the first session. Number of girls in each session will vary based on age and pitching ability.

Cost: **FREE for 2024 OMGS Players!**

COACHES: Please register your pitchers with Kathy Wilfert at kathy@omgsoftball.org

Sign up early! Space is limited and will be scheduled on first come first serve. If space is available on the day and time of any of the clinics, additional pitchers may sign up.

OMGS Players All Skills Clinics

Clinic will be run by Bingham High School players and coaches

1 ½ - 3-Hour Softball Clinic Developing the Following Skills:

Infield, Outfield, Hitting, Base running, Throwing and Sliding

Date: **April 5th**

Time: **TBD**

Place: **Centennial Park (Rain or Shine)**

13000 S. 2700 W., Riverton

Cost: **\$20.00 for 2024 OMGS League Players!**

For players NOT registered with OMGS for 2024, the cost is \$30.00

Registration flyers are in your coach's handbook or can be downloaded at www.omgsoftball.org.

Registration Deadline: TBD

FUNDRAISERS

TEAM FUNDRAISER: Individual OMGS teams will be allowed to do their own fundraiser for sweatshirts, sweatpants or baseball pants, or any other additional apparel or equipment with the Board's approval. Please use the form in the "Additional Information" section in the back of this handbook to report your team's fundraiser to the treasurer, Jason Woodhead. These team fundraisers may go through the OMGS bank account, however, if you do not use all of your fundraiser money appropriately for your team, it will then be deposited in the general funds for OMGS. Head coaches will be held accountable for the funds raised and used by their team. Reminder: OMGS is a non-profit, tax-deductible organization for all donations.

LEAGUE SPONSOR



Great Tasting Lunchmeat

Please visit the OMGS website, www.omgsoftball.org and click on the Land O' Frost Youth Sports link found on the home page. Land O' Frost will be monitoring parent participation through this link and it will help us receive more money in future years. **Please encourage all your player's parents to visit the link as well.** There is nutritional information, recipes and by signing up you are eligible for valuable coupons.

OMGS has been fortunate again this year to have Land O'Frost sponsor twenty-five (25) teams in the 6U, 8U and 10U age groups. Because of the number of teams they sponsor, the Board has approved for their logo to be printed on uniforms and have their own banner. Sports Imaging Photography will take a special photo of your team, which is separate from the Team Pictures, with their logo showing on the backs of the shirts. Land O'Frost will most likely sponsor the same or more teams for OMGS next year. Land O' Frost has sponsored the league since 2007. Thank you for your support!



2024 ALL-STARS

****SUBJECT TO CHANGE****

There will be 2 All-Star teams with 12 players in 8U, 10U, & 12U. There will be 1 or 2 teams in 14U & 18U with 12 players depending on how many girls and pitchers show up at tryouts. There is no All-Star team in the 6U T-Ball age group.

TRY-OUT ELIGIBILITY: Players are eligible to try out for All-Stars ONLY in the age group that she played in during the season. **All players MUST play in at least 75% of her league games, be on the All-Star Nominee List, be at All-Star try-outs (unless it was cleared by the board prior to tryouts), and be able to make practices and four All-Star tournaments for their age group/team to be considered for All-Stars.** **Elementary year-round school students may be required to miss school for one or more tournaments.** All exceptions to these situations must be cleared through the OMGS Board of Directors **prior to tryouts** before the player is allowed to be selected as an All-Star.

COACH SELECTION: If you are interested and willing to commit to coaching All-Stars, please contact Kaye Craghead, All-Star Director. Notice must be given by Saturday, April 20, 2024, if a coach would like to be considered for All-Stars. **Coaches in all age groups will be selected by the OMGS Board of Directors** by Wednesday, April 24, 2024. To assist the Board, each potential coach will have the "OMGS All-Star Coach's Evaluation Form" completed. This evaluation will **assist** the Board in making final determinations of All-Star Coaches. Evaluation points and OMGS Board recommendations will determine All-Star Coaches. OMGS wants the best representation for All-Stars. All-Star coaches are allowed to scout players

that are on the All-Star Nominee List by watching games, viewing official scorebooks, etc. All coaches are responsible to work together and plan out their own age group try-outs.

PLAYER NOMINATIONS: Every head coach will nominate all eligible players that are interested in trying out from his/her 2024 league team. All nominated players must meet all of the try-out eligibility requirements above and be able to commit to becoming an All-Star. **COACHES, PLEASE discuss the time commitment for All-Stars with the PLAYER AND PARENTS prior to placing her name on the All-Star Nomination list.** Please do not nominate your whole team until 1) you have discussed with them the commitment required and 2) they (and their parents) are able to commit as explained.

Nominations are to be turned in to OMGS by April 27 2024. It is the coach's responsibility to turn in the nomination form to any OMGS board member by this date. All players on the All-Star Nominee List will be invited to **All-Star Tryouts: Saturday, May 4 at Centennial Park.**

SELECTION PROCESS: The OMGS Board of Directors will supervise try-outs and expect that the coaches will select the top players in each age group. Players who are selected for All-Star teams will be posted on the OMGS website by Monday, May 6. Players will be listed by age group and first name with try-out number.

8U: After try-outs, coaches will be allowed to pre-select up to six players from his/her 2024 league team who are listed on the All-Star Nominee List. A coin flip will determine which coach picks first. Coaches will alternate picks until 24 All-Stars have been selected. **COACHES MAY ONLY CHOOSE A MAXIMUM OF SIX PLAYERS FROM HIS/HER 2024 LEAGUE TEAM.**

10U, 12U, 14U, and 18U: After try-outs, coaches will be allowed to pre-select up to six players from his/her 2024 league team who are listed on the All-Star Nominee List. A & B team coaches will be encouraged to work together to pick teams.

The A team coach will have the first pick of 12 girls after tryouts. Assistant coaches will not be present during team selections. Girls who try out to be a pitcher will be divided between the teams to ensure that each team has a good pitcher and a back up pitcher. **COACHES MAY ONLY CHOOSE A MAXIMUM OF SIX PLAYERS FROM HIS/HER 2024 LEAGUE TEAM.**

ALL-STAR FEES: If a player is selected as an All-Star, she will be expected to pay an additional **\$275.00**. This fee will cover the cost of four tournaments (including the 2024 OMGS All-Star Tournament) and an upgraded nylon uniform.

ALL-STAR TOURNAMENTS: Players must commit to attending all four tournaments. The OMGS All-Star and USA Softball State tournaments and a third tournament determined by the coach are mandatory to attend. Exceptions can only be given by the OMGS board for one of the other two tournaments **prior to tryouts**. Below is a list of tournaments that OMGS is considering for All-Stars. Finalized schedules will be posted on the OMGS website.

Date:	Tournament:	Location:	Age Groups:
June 14-15	*Dash-N-Splash	Grantsville	12U/14U/18U
June 21-22	*Dash-N-Splash	Grantsville	8U/10U
June 27-29	Gerald Wright Classic	West Valley City	8U/10U/12U/14U/18U(Mandatory)
July 18-20	OMGS All-Star Tournament	Riverton	8U/10U/12U/14U/18U(Mandatory)
July 26-27	*Ogden City Recreation	The Sandlot	8U/10U/12U/14U/18U
Aug 8-10	D1 Softball State	South Jordan	8U/10U/12U/14U/18U(Mandatory)

According to current list of D1/ASA sanctioned recreation tournaments
***one of these tournaments will also be mandatory as determined by the coach**

All-Star Consequences

- ❖ Coaches and parents – Please do not allow discussions, tryouts, etc. for accelerated or recreational fall ball teams to conflict with your current All-Star team. Please do not let it affect the integrity of your current All-Star players. Spring season teams take priority until the season ends.

- ❖ Coaches and players on each All-Star team depend on all players giving 100% to All-Stars. If it is determined that a player who is chosen for All-Stars does not make a reasonable effort to attend practices or misses any required tournament games (except for unforeseen illnesses or circumstances), that player will NOT be eligible to try out for All-Stars for the 2024 season. This could also affect scholarship eligibility in the current or future years.

Please contact Kaye Craghead for more information regarding All-Stars.

OMGS ANNUAL MEETING

Monday, March 4, 2024

Herriman City Hall Community Room

3700 W. 13800 S.

(NO CHILDREN – NO FOOD OR DRINK)

6:30 pm

HELD IN CONJUNCTION WITH COACHES MEETING

TEAM PARENTS

Team Parents are very important to have and will help you greatly as a coach. As a coach, you should select this person ASAP. The following is a list of some of the things that they can help you with:

- 1) Calling or helping to call players regarding practices and game times, especially for rain make-ups, etc.
- 2) Attending practice or arranging for another adult female to be at each practice and team function.
- 2) Bringing treats or purchasing treats at the Snack Shack before each game and handing them to your players after the game.
- 3) Making sure that you have a scorekeeper for every game.
- 4) Helping to schedule and remind your teams' volunteers to help with the snack shack on their specific night. Unless OPT out, then help collect money.
- 5) Reminding parents of OMGS scheduled events: Clinics and Team Pictures.
- 6) Making sure that the dugout is cleaned up after each use.
- 7) Planning and holding a year-end party, if desired.

TEAM PARENT MEETING

Monday, March 11, 2024

CR Hamilton Sports Complex

3700 W 13800 S, Riverton, UT 84065

(NO CHILDREN – SNACK WILL BE PROVIDED)

10:00 am

This meeting is **mandatory** for at least one coach, Team Parent, and/or scorekeeper from your team to attend. Specific instructions will be given for scorekeeping and 2024 Season Schedules and uniforms will be distributed if available (provided that all of your team's paperwork has been turned in, i.e. coaches applications & background checks).

EQUIPMENT

OMGS has provided each coach with the following equipment:

Four (4) Batting Helmets with Face Masks,
Two (2) Girls Softball Bats,
One (1) Catcher's Helmet w/Mask (Except T-Ball)
One (1) Set of Catcher's Shin Guards & Chest Protector (Except T-Ball)
6 Softballs and 4 Wiffle Balls (6 softballs only for T-Ball)
Batting Tee (T-Ball only)
OMGS Equipment Bag

This equipment belongs to OMGS and as a coach, you are required to sign it out at the beginning of the season and return it at the end of the season. Please make sure your equipment bag has all of the above equipment before you check it out AND before returning it. We are strongly recommending all girls to have their own batting helmet if possible. **ALL EQUIPMENT IS DUE AT CLOSING CEREMONIES. FAILURE TO RETURN ALL EQUIPMENT WILL RESULT IN THE DELAY OF TEAM TROPHIES AND PICTURES.**

BROKEN OR DAMAGED EQUIPMENT?: Contact the Equipment Director or any board member to return broken or damaged equipment. It will be replaced for you immediately, if possible.

LOST OR EXCESSIVELY ABUSED EQUIPMENT: The Coach is ultimately responsible for the equipment assigned to him/her and the care of such equipment. The Coach may be required to replace lost or excessively abused equipment. The average cost per bag per team is \$476.00 for 8U through 18U and \$279.00 for 6U T-Ball teams. All-Star equipment bags cost \$541.00 with upgraded equipment and roller bag.

PITCHING MACHINES: There will be pitching machines, cords and special balls available for you to use for practice. Pitching machines may only be used at Centennial Fields. All Board members have keys, so please make arrangements if you'd like to use this equipment. **PLEASE BE CAREFUL MOVING THIS EQUIPMENT as you will be responsible for any damage.**

TEAM AND INDIVIDUAL PHOTOS

The OMGS registration fee includes one free Team Mate photo per player. Team and individual photos are scheduled for TBD and ALL Star Photography will inform each coach of their scheduled picture time. Pictures will be taken (by the pavilion) at Centennial Park as in previous years. ALL Star Photography will handle ALL photo schedules, orders, and re-orders or reprints. Coaches and players can contact ALL Star Photography directly at 801-707-8154 for more information.

LOCAL HIGH SCHOOL & COLLEGE GAMES

UTAH, BYU, UVU, SLCC

It is always a fun event to show support for our local high school and college teams. Encourage your team to wear your OMGS shirt and go watch a high school or college softball game together! Please visit websites for any of your favorite softball teams and find a home game to attend with your team!

BATTING CAGES & OTHER TEAM ACTIVITIES

If a coach chooses to take their team to batting cages or chooses to have a team party or other team activity, it will be at each individual's own risk. Coaches must notify parents of this and receive the parent or guardian's permission prior to the event.

OMGS does not allow practices to be held at private residences. OMGS insurance will not cover batting cage accidents or accidents at a private residence.

AWARDS & MEDALS

All T Ball, 8U, and 10U players will receive participation medals. Medals will also be awarded to the top 3 teams in each age group (except T Ball) for regular season record and tournament placement.

PLEASE NOTE: All equipment is due at closing ceremonies. Failure to return all equipment or if your team's volunteers fail to work in the snack shack at all during the season will result in the delay of team trophies and pictures.

SAFETY

A First Aid kit and ice are available in the snack shack. The Board of Directors recommends that each coach or team prepare themselves with ice packs and band-aids during times when the snack shack is not open. If any player is bleeding during practice or a game, it must be bandaged up (no visible blood) or she will not be able to continue.

BATTING HELMETS: Batting helmets, with masks, must be worn by any girl batting or running bases during a practice, practice game, or game, and cannot be removed until the girl enters the dugout area.

CATCHER'S HELMETS: A catcher's helmet and mask must be worn by any girl to warm up a pitcher. Full catcher's equipment must be worn by the catcher during any game, including practice games.

FACE MASKS: All infielders are required to wear fielders masks during games and practice games. The ball can be hit extremely hard off a bat and cause extreme damage. Facemasks significantly mitigate the chances of serious injury.

EMERGENCY RELEASE FORMS: The original registration forms for your entire team are included in the back of your coach's handbook for emergency parent/guardian (or 18 year old players) release signatures.

INSURANCE

SECONDARY INSURANCE: OMGS will carry a secondary medical insurance. The insurance will pay after the family's primary insurance has paid. The insurance will also have liability coverage for the Board Members, Coaches, and Umpires.

CLAIMS: Please contact a member of the OMGS board immediately if an injury occurs. You may follow the directions on the back of your coach's badge in contacting the secondary insurance.

OMGS GENERAL RULES

Coaches are required to read the D1 Prospect/NFHS Softball rulebook, which OMGS will provide for you, and read and understand the general OMGS rules and special OMGS rules for their particular age group. The NFHS Softball rulebook will govern OMGS games. Only OMGS rules will take precedence over NFHS Softball rules.

GENERAL OMGS RULES:

- 1) Umpires will check that all coaches on the fields are wearing a visible OMGS badge.
- 2) Game time is forfeit time.
- 3) There will be ten defensive players.
- 4) **No player can sit out for two (2) consecutive innings.**
- 5) There is open substitution.
- 6) Teams must bat all team members present.
- 7) **Regular season games can end in a tie.**
- 8) If there is less than 5 min. left in a game, no new inning may be started.
- 9) There must be eight girls present to begin the game (with the exception of T-Ball/6U). If a team plays the game with eight players, an automatic out will be taken for the ninth batter only and not for the missing tenth batter. If a team plays the game with nine players, there is no automatic out.
- 10) If a player gets injured or sick during a game and is taken out and cannot bat, coaches must inform the umpire. If the team still has nine players without her, then no penalty will be given for her missed at-bats, however, she will not be allowed to rejoin the game. The team must have eight players to finish the game without her or will be required to forfeit.
- 11) Players may be added to the end of the line up if they arrive after the game has started, but it must be reported to the official Scorekeeper and Umpire or will be considered batting out of order.
- 12) Players put on the line up must arrive prior to their turn at bat or an out will be taken for that batter each time her name comes up on the official scorebook to bat, until she arrives.
- 13) The offensive and defensive teams will trade positions upon three outs by the defensive team or **seven** runs (12U, 14U, 18U), and **five** runs (8U & 10U) by the offensive team.
- 14) Line-ups must be entered into the GameChanger app at least 10 minutes prior to the game start time, even if the previous game is running late. .
- 15) Coaches must meet the umpire at the plate five minutes prior to game time, or as soon as the previous game is over in the case that games are running late.
- 16) A player must play in at least 75% of her games to be eligible for All-Stars. T-Ball/6U league players are not eligible to play All-Stars.
- 17) **OMGS has a ZERO tolerance policy for abusive behavior. A coach, player or spectator will not direct a derogatory or abusive remark (including foul language) to another coach, player, spectator or umpire. Actions of this kind will cause the suspension of a coach or player, the ejection of a spectator from the park and/or forfeiture of game if necessary. The ejection will last for the entirety of the day upon which the ejection occurs. If the offense is deemed serious enough, the board maintains the right to consider and vote on additional corrective action.**
- 18) Positive chants and cheers are encouraged and acceptable. It is not, however, acceptable to chant derogatory chants at the opposing team and especially the pitcher.
- 19) The **home team** will be the first team listed on the schedule, take the dugout on the third base line, and bat last. They are also responsible for maintaining the official score in GameChanger.
- 20) **BOTH TEAMS WILL BE RESPONSIBLE FOR CLEANING UP THEIR OWN TRASH IN THEIR DUGOUT AND AROUND THEIR BLEACHERS AFTER EVERY GAME IS COMPLETED.**
- 21) If a player misses three or more consecutive required practices without good reason, the coach will be allowed to bench the player for one full game with the Board's approval. If she continues to miss practices, this should also be brought to the Board's attention.
- 22) No team will be permitted to warm up in the infield prior to the game. Teams may warm up in foul territory only.
- 23) Leading off is allowed after the ball leaves the pitcher's hand.
- 24) Intentional walking IS NOT allowed in OMGS recreational softball.
- 25) Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments. Girls wearing metal cleats in other age groups will be warned by the umpire and only allowed to return to the game after replacing the metal cleats with rubber cleats or other closed-toe footwear.

T-BALL/6 & UNDER SPECIAL LEAGUE RULES:

- 1) Girls allowed to play in this age group must be three (3) years old through five (5) years old prior to January 1, 2024.
- 2) The eleven-inch safety softball will be used. Game length will be 60 minutes or three innings.
- 3) Bases will be at 55 feet.
- 4) Games will start at game time regardless of how many girls are there for each team. **No score will be kept.**
- 5) The offensive and defensive teams will trade positions after the offensive team's entire lineup has batted. Players may advance one base on a ball hit, the last batter and base runners will run until all have crossed home plate.
- 6) **All players will play defense each inning.** For safety reasons, all players MUST start positioned behind the 35-foot arch line until after the batter has hit the ball.
- 7) A coach will pitch up to five (5) balls to each batter. If the batter does not hit the ball, then the coach will place the ball on the tee and will be allowed three (3) swings off the tee. There are no walks allowed.
- 8) Only three (3) coaches will be allowed on the field.

8U SPECIAL LEAGUE RULES:

- 1) A girl cannot play down an age classification. Girls allowed in this age group must be eight (8) years old or younger prior to January 1 of the current year.
- 2) The eleven-inch ball will be used. Game length will be 60 minutes. NO NEW INNING AFTER 55 MINUTES.
- 3) The pitchers plate will be at 35 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or five runs by the offensive team.
- 5) All players will play defense each inning. Six players will be in the infield, placed in standard infield positions, the remaining players will play outfield (grass). The infield is defined as the area on the diamond inside the baselines. For safety reasons, all players MUST start positioned behind the 35-foot arch line until after the batter has hit the ball. The outfield arch for defensive player placement purposes will be on the grass part of the diamond. Umpires judgment will be used regarding whether the ball is in the infield or outfield for base running and time out situations.
- 6) One defensive coach will be allowed on the field (in the outfield-on the grass) for instructional purposes only. Defensive coaches are encouraged to stay off the field during the second half of the season or if they are asked to at any time by the Board. If the coach intentionally touches the ball while it is in play, or causes a defensive player to move by physical contact, the batter-runner will be awarded the base she is running to plus one additional base. If this happens again, the coach must leave the field. No defensive coach will be allowed on the field during the year-end tournament.
- 7) A coach will pitch the ball (underhand) to his or her own team. The pitcher/coach must remain in contact with the pitching rubber while pitching.
- 8) If the pitcher/coach intentionally interferes with a batted ball or a play, the batter-runner will be called out and all runners will return to the base occupied at the time of the pitch. If this happens again the coach must leave the field. If the ball hits the pitcher/coach while they are getting out of the way, the ball is live and playable.
- 9) The pitcher/coach may only talk to the batters or runners between pitches. (No live ball coaching from the mound.) Talking may occur while the pitcher is waiting for the ball to be thrown back to them from the catcher. There must be no delays in catching the ball from the catcher to allow for coaching from the mound. Use your base coaches to talk to the runner(s) and batter(s).
- 10) The pitcher/coach or base coach may not physically help the runners to stop or go. Runners who are contacted in this manner will be called out.
- 11) A batter will receive five pitches. Five un-hit pitches or three strikes will constitute an out. A foul ball on the third strike or fifth pitch will not be an out. If a batter after fouling off pitches lets a pitch go by, then the batter will be out. There is no dropped third strike rule. Walks are not allowed.
- 12) Batters may advance one base on a ball hit in fair territory in the infield. That batter and any additional base runners may also advance one additional base on any misplayed ball or overthrow (such as a throw or running to protect a base) at the runner's own risk. After the first defensive play and subsequent advance, runners may not advance further until the next hit ball even if another defensive play or misplayed ball is made. A two base advance will be the maximum bases allowed on a ball that stops or is stopped in the infield and overthrown. The runner can not advance to home on any overthrow.
- 13) Runners may advance to home base on only plays as a result of a hit ball. For example, if a runner is on 2nd base and is hit to 3rd base and then the ball is overthrown or misplayed, the runner may not advance home.
- 14) Players may advance more than one base at their own risk on any ball batted into the outfield until the ball has been thrown to the infield. The infield is designated as the base line between bases. The ball then becomes dead and the runner or runners are stopped at the base they are going to. Players who must return to a specific base will do so after time is given. If a play is made on a runner after the ball has been returned to the infield and the ball is misplayed, the runner is

allowed one base from 1st to 2nd or from 2nd to 3rd. If there is a runner on 3rd who is not allowed to advance home, then the runners may not advance past 3rd base. Only one overthrow/misplayed ball per batted ball allowed.

- 15) Stealing is not allowed. Runners may not advance on a wild pitch, a passed ball, or throw back to the pitcher.
- 16) The infield fly rule will be eliminated.
- 17) NO intentional bunting is allowed.

10 & UNDER SPECIAL LEAGUE RULES:

1. A girl cannot play up or down in this age classification. Girls allowed in this group must be nine (9) or ten (10) years old prior to January 1, 2024.
2. The eleven-inch ball will be used. Game length will be 60 minutes. NO NEW INNING AFTER 55 MINUTES.
3. The pitchers plate will be at 35 feet, bases will be at 60 feet.
4. The offensive and defensive teams will trade positions upon three outs by the defensive team or five runs by the offensive team.
5. The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
6. Runners may advance as many bases that they would like at their own risk of being put out on an overthrow.
7. The dropped third strike rule applies all season.
8. Stealing 2nd, 3rd, and home is allowed after the ball leaves the pitcher's hand.
9. Coaches may not physically help the runners to stop or go. Runners who are contacted in this manner will be called out.
10. No coach pitch is allowed; girls will pitch per regular NFHS Softball rules.
11. HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.
12. All other NFHS Softball rules will apply.

12 & UNDER SPECIAL LEAGUE RULES:

- 1) A girl cannot play up or down an age classification. Girls allowed in this age group must be eleven (11) or twelve (12) years old prior to January 1, 2024.
- 2) The twelve-inch ball will be used. Game length will be 60 minutes. NO NEW INNING AFTER 55 MINUTES.
- 3) The pitchers plate will be at 40 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 5) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 6) The dropped third strike rule applies.
- 7) Stealing is allowed after the ball leaves the pitcher's hand.
- 8) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.

14 & UNDER SPECIAL LEAGUE RULES:

- 1) A girl cannot play up or down an age classification. Girls allowed in this age group must be thirteen (13) or fourteen (14) years old prior to January 1, 2024
- 2) The twelve-inch ball will be used. Game length will be 1 hour 10 minutes. NO NEW INNING AFTER 65 MINUTES.
- 3) The pitcher's plate will be at 43 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 5) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 6) The dropped third strike rule applies.
- 7) Stealing is allowed after the ball leaves the pitcher's hand.
- 8) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit

batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.

- 9) Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments.

18 & UNDER SPECIAL LEAGUE RULES:

- 1) A girl cannot play up or down an age classification. Girls allowed in this age group must be fifteen (15) to eighteen (18) years old prior to January 1, 2024.
- 2) The twelve-inch ball will be used. Game length will be 1 hour 10 minutes. NO NEW INNING AFTER 65 MINUTES.
- 3) The pitchers plate will be at 43 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 5) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 6) The dropped third strike rule applies.
- 7) Stealing is allowed after the ball leaves the pitcher's hand.
- 8) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.
- 9) Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments.

PROTESTS

Protest determinations will be made according to the NFHS Softball rulebook with only OMGS rules taking precedence. All protests will be submitted strictly by the NFHS Softball rulebook with these exceptions:

- 1) The written protest must be turned into the Age Group Director of the jurisdiction, and will be kept confidential.
- 2) The written protest will be accompanied by a \$25.00 non-refundable fee.
 - a. Protests on judgment calls will be considered invalid.
 - b. Protests submitted incorrectly will be considered invalid.
 - c. Protests on matters, which do not comply with the rules, will be considered invalid.
- 3) The protest will be made known to the Executive Committee by letter.
- 4) The Executive Committee will notify the affected coaches of the decision by letter.
- 5) The protest fee will go into OMG's general fund.



Additional Information

All-Star Nomination Form

Team Fundraiser Form

All-Star Coach's Evaluation

All-Star Nomination Form

Please email or turn in to Kaye Craghead on or before **April 27 (Saturday)**

Each head coach will nominate players on his/her team that are interested in trying out. All nominated players must meet all of the try-out eligibility requirements and be able to commit to becoming an All-Star. Players are ONLY eligible to try out in the age group they played in during the league season.

Age Group:_____ **Head Coach:**_____ **Phone:**_____

I would like to nominate the following girls from my team for All-Stars:

(1) Player Name:_____ Phone:_____

(2) Player Name:_____ Phone:_____

(3) Player Name:_____ Phone:_____

(4) Player Name:_____ Phone:_____

(5) Player Name:_____ Phone:_____

(6) Player Name:_____ Phone:_____

(7) Player Name:_____ Phone:_____

(8) Player Name:_____ Phone:_____

(9) Player Name:_____ Phone:_____

(10) Player Name:_____ Phone:_____

(11) Player Name:_____ Phone:_____

(12) Player Name:_____ Phone:_____



Team Fundraisers

Must be turned in to Jason Woodhead before your team will be allowed to proceed.

Age Group: _____ Head Coach: _____ Phone: _____

My team would like to participate in the following fundraiser(s):

1) Company Name: _____ Representative Name: _____

Product: _____ Phone: _____

2) Company Name: _____ Representative Name: _____

Product: _____ Phone: _____

3) Company Name: _____ Representative Name: _____

Product: _____ Phone: _____

My team would like to use the money earned for the following (please list):

Apparel: _____ Estimated Amount: _____

Equipment: _____ Estimated Amount: _____

Team Party: _____ Estimated Amount: _____

Other: _____ Estimated Amount: _____

I agree that my team will use the money earned only for products related to softball and the team. I also agree that each OMGS player on my team will be treated equally and without discrimination. I agree to provide the OMGS Treasurer, Jason Woodhead, with all of the original paperwork and receipts. I agree to donate any unused money earned from my team to the general funds at OMGS.

Head Coach Signature: _____ Date: _____

OMGS ALL-STAR COACH'S EVALUATION FORM

Coach: _____ Age Group: _____

All coaches will be evaluated by the entire Board of Directors in a designated closed board meeting. Board members who are also interested in coaching All-Stars, who have a spouse who is interested in coaching All-Stars, or who have a daughter trying out for All-Stars, will not participate in the evaluations for their respective age groups. The coaches selected must have a Coach's Application on file and have passed a background check for the current year.

	Weight Factors	Criteria	Score (66 pts)
1	+10	Is he/she a Head Coach in the age group?	
	+8	Is he/she an Assistant Coach in the age group?	
	+6	Is he/she a Head Coach in another age group?	
	+4	Is he/she an Assistant Coach in another age group?	
2	+2	Does he/she express a willingness to commit to coaching All-Stars? (This includes a commitment to hold at least two or three practices per week and to be present at tournament games, etc.)	
3	+1	Was he/she a regular season Head Coach or Assistant Coach last year for OMGS?	
4	+1	Was he/she an All-Star Head Coach or Assistant Coach within the past two years for OMGS?	
5	+5	Did he/she attend the coach's meeting at the beginning of the season?	
6	+5	Did he/she attend the coach's clinic?	
7	+5	Did he/she help on Clean-Up Day at Centennial Park?	
8	+5	Did he/she not have any uniform re-orders of player shirt uniforms?	
9	+3	Did he/she help with the player's clinic?	
10	+1	Did he/she turn in all paperwork, information and fees to OMGS in a timely manner this year and for prior years (if necessary)? (Coach's Application, Background Checks, Registration, Fundraisers, Snack Shack, etc.)	
11	+3	Did he/she report all game scores as the home team during regular season within 1 day after the game was played?	
12	+5	Did he/she make sure their field, bleachers and dugouts were cleaned up and take garbage out each time their team was the last visitor team scheduled during regular season?	
13	+10	Did he/she work or have volunteers work their team's scheduled times in the snack shack?	
14	+10	Has he/she exemplified good sportsmanship, is a good role model when representing OMGS on and off the field, and treats players fairly and with respect and support? (Majority vote from the Board of Directors, excluding Board Members who are also willing to coach a team in the same age group.)	
15	-8	Did he/she have a legitimate complaint against them, not following ASA or OMGS rules, etc., that was verified by the Board? (Complaint must be in writing to the Age Group Director and the verification must also be written and signed by the Board Members present.)	
16	-10	Did he/she get ejected from a regular season game, either as a parent or coach, in the past year? (Verified through OMGS Board and ASA umpires.)	
17	-10	Did he/she get ejected from an All Star game, either as a parent or coach, in the past year? (Verified through Tournament Director and IFA, USA Softball, or other association umpires.)	

Is this coach selected as an All-Star Coach? YES NO

Signed: _____ All-Star Director, OMGS

Signed: _____ President or Vice President, OMGS